

6/30/22-STATEMENTS MADE BY LIZ SHIFFLETT DO NOT MATCH FACTS AS SHOWN BY NESTCAM VIDEOS AND ALSO DOES NOT MATCH MEDICAL FACTS AND ENTIRELY FAILED TO INFORM THAT LIZ SHIFFLETT PREMIER CARE PLANNING FAILED TO SEEK CARE FOR ELAINE SINCE 5/18/22 WHEN LYNN 1ST STATED THAT HER MOM WAS NOT WELL BY DOCUMENTED TEXT. AND 30 MORE TEXTS THEREAFTER INFORMING OF HER MOM'S HEALTH AND HER NEEDS THAT SOMETHING WAS WRONG.

Callie Bailey

From: Liz Shifflett <l.shifflett@premierlifeplanning.com>  
Sent: Thursday, June 30, 2022 10:35 PM  
To: Cary Cucinelli; Callie Bailey  
Cc: Suzanne Hanas  
Subject: FK 6.30.22

THIS WAS ALSO CONCEALED TO LYNN KAY

6.30.22  
Elaine Kapusta  
4136 North River Street, Mclean  
ER admission

LIZ SHIFFLETT FAILED TO EVER INFORM THAT NEGLECT BY CARE MANAGER-(HERSELF) NEGLIGENT ACTIONS BEGAN ON 5/18/22 AND ENTIRELY CAUSED 1 1/2 MONTHS OF SUFFERING BY ELAINE NOT RECEIVING PROPER MEDICAL CARE AS WAS "MEDICALLY PROPERLY REQUESTED BY ONLY LYNN SINCE 6/2/22 KNOWING WHAT WAS "MEDICALLY ASTUTELY CORRECT" AS ELAINE RECEIVED EVERYTHING "LYNN WAS WRONGFULLY CONDEMNED FOR "MEDICALLY PROPERLY REQUESTING AND DOING EVERYTHING THAT THE HOSPITAL DID EVERYTHING REQUESTED BY LYNN WITH THE HOSPITAL THEN CONSULTING WITH LYNN ON 7/4/22 CALLING LYNN TO CONSULT WITH HER ABOUT HER MOM.

Presentation:

I received a call from Lynn yesterday requesting I take Elaine to the ER since she was "going downhill, delirious, not eating, and not sleeping." She also said she "must have IV fluids and vitamin injections to be fixed." When I arrived today at 12:15, Elaine appeared mostly at baseline, but slightly more tired. Her blood pressure was 155/86, heart rate 68, and respirations 18. She was sitting in a chair dressed in brown pants, a pink turtleneck, and slippers. I observed her walk at baseline. Elaine was eating and drinking, but less than usual. She was also voiding in the bathroom on her own. Elaine was calling out for more help at night, and it was keeping Lynn up.

CARE MANAGER INCOMPETENCE DISREGARDING SINCE 5/18/22 UNWELLNESS

Lynn appeared distraught and visibly upset. She stated she herself only slept 4 hours in the last 5 days. Lynn was irrational and not receptive to feedback that her mother was not in an emergent situation. I had spoken to VA Heart earlier in the day who reported the last set of labs were all good, but we could re-check a TSH and T4. I had an order for home labs. It was also directed we could start the Ramipril which was already ordered by Dr. Lessin. They also reiterated that Elaine is older and will be tired as was stated at the last appt. Lynn did not want to hear any of this. She also reported that she on her own accord stopped giving Elaine the Lasix on Sunday

THE DISREGARD TO DIAGNOSE BY 2 DOCTORS WAS SHOCKING!

We started to discuss that Lynn cannot make medication changes on her own. We also started discussing that Lynn appears to need more help at the house or Elaine needs a higher level of care. Lynn began yelling and said she was going to hit and smack me several time. She was not receptive to diffusion or my removing myself from the home. She yelled for me to come back and chased after me agitating Elaine who started to cry and begged me not to leave creating a near incident on the stairs.

NESTCAM VIDEOS DO NOT MATCH STATEMENTS MADE BY SHIFFLETT CONCEALMENTS

SHIFFLETT FAILED TO INFORM IN HER ELDER NEGLECT CONCEALED

I expressed concern for Elaine being alone with Lynn and called 911. EMS and the police were called to the home. I spoke with officers MF Colorado and E Kisiel and EMS at the house. Elaine was taken to VHC. Lynn did not accompany her.

SO INCOMPETENT TO CALL THE POLICE FOR HER DISREGARD OF 1 1/2 MONTHS OF MOM'S PHYSICAL SUFFERING AFTER CALLING ME CRAZY FOR SEEKING EMERGENT CARE

Assessment at the hospital: 5-6pm

- Dr. Charles, Molly LCSW, Khalil pharmacist (all in collaboration)
- Cardio/pulmonary; no shortness of breath, no chest pain, 4 + edema bilaterally right greater than left
- Vitals; blood pressure 186/111, heart rate 97, respirations 20, pulse ox 95% on room air, afebrile
- Mood; at baseline confusion. Trying to get out of the gurney. They were going to put on the mittens before I arrived
- Medications; reviewed with the pharmacist. There was a 1x order for Benadryl 12.5mg by mouth x1 for sedation since she was restless in an unfamiliar environment
- Labs; CBC, CMP, sed rate, TSH, T3, and urine collected and all normal. No dehydration. IV fluids of 0.9NS at maintenance were only given to appease Lynn-there was no clinical need. Iv in the right forearm which is at risk of being pulled out
- Tests; venous doppler to right leg and head CT scan ordered
- GI/GU; Elaine was hooked up to Purewick suction to collect urine

ABNORMAL LABS ON MEDICAL REPORTS SINCE 6/30/22



-Pain; No apparent distress

-Functional; Lynn requested the doctor give her mom "a catheter, IV medication to sleep, vitamins in the IV, and IV fluids to fix her before she comes home". The doctor said she was not going to do that and asked if more support was need at home. Lynn responded no and the above was only needed.

Misc: The doctor said Elaine would be able to be released if it not for the social services need to admission for placement given that episode that happened at the house corroborating behavior Lynn exhibited on the phone to Dr. Charles

Interventions this this visit:

-EMS and police called for unsafe situation at the home

-ER report and history provided

\*detailed concern of neglect and placement needed for a safe discharge

-Contacted Silverado; no beds and has a wait list

-Placed APS referral

-Put PT/OT on hold per placement

Plan:

Provide for safe discharge plan

F/u on guardianship

Next Steps:

F/u on hospitalization

Find memory care facility; The Kensington

Consider staffing private duty at hospital if Elaine is continued agitated

Liz Shifflett, RN/MPH/CCM

THERE WAS NO JUSTIFICATION TO CALL THE POLICE-LIZ SHIFFLETT FAILED TO INFORM THAT SHE ENTIRELY DISREGARDED ELAINE'S PHYSICAL UNWELLNESS PROGRESSING AND THAT SHE CALLED LYNN "CRAZY MULTIPLE TIMES-(NESTCAM VIDEOS) AS "LYNN WAS THE ONLY ONE WHO MEDICALLY CORRECTLY REQUESTED EVERYTHING THAT ELAINE, IN FACT, RECEIVED IN THE HOSPITAL FROM DAY 1 AS MEDICAL FACTUALLY DOCUMENTED

The information contained in this electronic message and/or its attachments is intended for the named recipient(s) only. The electronic message and/or its attachments may contain confidential, non-public or privileged information disclosure of which is restricted by applicable law, including the federal securities laws. If you are not an intended recipient, or the employee or agent responsible for delivering this message to the intended recipient(s), do not copy, distribute or rely on the information contained herein. If you have received this message in error, please notify the sender immediately by reply and immediately delete this message and any attachments

Liz Shifflett, RN/MPH/CCM  
Premier RN Geriatric Care  
VP of Nursing Services  
1300 Crystal Dr, #309  
Arlington, VA 22202  
571-214-7378

6-30-22-SHIFFLETT  
REPORTING LIES  
TO CONCEAL  
SHIFFLETT CARE  
MANAGEMENT  
ELDER NEGLECT  
SINCE 5/18/22

LIZ SHIFFLETT-(PREMIER CARE PLANNING) DOCUMENTED BY TEXTS NEGLIGENCE AND LNEGLECT OF ELAINE MAE KAPUSTA DESPITE BEING "MEDICALLY PROPERLY INFORMED BY LYNN DOING AND REQUESTING EVERYTHING MEDICALLY CORRECT" AND "NEVER NEGLECTING HER MOM" DIRECTLY CAUSED 3 YEARS OF HELL FOR "ELAINE AND LYNN BOTH BEING REMOVED FROM THEIR OWN LIVES SINCE 6/30/22" AND SUFFERING EVER SINCE AS A DIRECT RESULT OF ALL FIDUCIARIES LIES TOLD BY ALL OF THEM WITH NO EVIDENCE OF PROOF OF ANY ALLEGATIONBMADE AGAINST LYNN, EVER, AS THE HOSPITAL EVERYTHING AS LYNN DID AND REQUESTED FOR HER MOM. ONLY LYNN "MEDICALLY CORRECTLY" STATED EVERYTHING EVEN BEFORE ELAINE WENT TO THE HOSPITAL."MEDICALLY CORRECTLY"