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| 3044 | Me | AM GOING TO TRY GETTING HER IN THE WALK-IN SHOWER, BUT SHE IS IN A LOT OF PAIN AND I AM MOVING HER IN THE SIT DOLLY THING UPSTAIRS. GOING TO STAY UPSTAIRS. |
| 3045 | Me | PURCHASED YEARS AGO. WORKING WELL. NEEDS TO HAVE NO WEIGHT ON HER KNEE RIGHT NOW Medline Premium Empower Rollator Walker with Seat, Comfort Handles and Thick Br |
| 3046 | Me | GOING TO DO PROP TIME IN BED WATCHING TV TO SEE IF THAT HELPS HER FEEL BETTER. WILL KEEP YOU UPDATED. BUT BEST, I THINK, WILL BE TO CANCEL MAMMO TOMORROW. D |
| 3047 | Me | YOU CAN STOP BY TOMORROW AT 1:30/2 PM TO DO B.P. & LUNGS & 02 WOULD BE GOOD UPSTAIRS TOMORROW. |
| 3048 | Me | PLEASE ORDER THIS. IT LOOKS LIKE I COULD SLIP IT ON HER EVERY MORNING WHILE SHE IS ON THE TOILET TO SEE IF IT HELPS, TOO. https://knee.getcompressa.com/blog/c |
| 3049 | Me | TOMORROW, METROPROLOL AND BUY A BOTTLE OF ZINC VITAMINS, TOO. |
| 3050 | Me | PLEASE ALSO HIRE SOMEONE TO HELP ME ENCOURAGE MOM TO GET HER WEEKLY WASH IN THE SHOWER EACH WEEK AND ALSO CAN HAVE THAT PERSON TO WASH HER HAIR ONCE FOR A HAIR APPT ANYMORE. TODAY, SHE REFUSED TO ALLOW ME TO UNTIL SHE FINALLY GIVES IN. IT TOOK 1 HR WAITING TO DO IT TODAY. ALL SHE GOT WAS 1/2 OF A SPONGE BAT |
| 3051 | Me | THE WALK-IN TUB IS JUST TOO DIFFICULT FOR HER TO GET IN AND OUT OF BECAUSE OF HER KNEE PAIN AND HAVING TO PUT HER WEIGHT ON THE KNEE TO GET IN. BEST IS TO HAVI |
| 3052 | Me | IF YOU HAVEN'T CANCELLED THE MAMMO YET, DON'T. CAN YOU HELP ME WITH THE SHOWER AFTER YOU RETURN WITH MOM TOMORROW? |
| 3053 | Me | CVS JUST CALLED ME REGARDING METROPROLOL. ANY WORD FROM THE DR. YET? I JUST TRIED AND IT IS AFTER 4 PM NOW. |
| 3054 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I left a message for the eliquis |
| 3055 | Me | METROPROLOL? |
| 3056 | Me | VIRGINIA HEART? |
| 3057 | Me | MAYBE IF YOU TAKE THE BOTTLE WITH YOU TOMORROW, CVS CAN GIVE YOU A WEEK'S SUPPLY. THEY HAVE DONE THAT BEFORE FOR ME. |
| 3058 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I haven't call about the metoprolol. Is it ready? |
| 3059 | Me | DIDN'T YOU GET MY MULTIPLE TEXTS FROM CVS? DR ISN'T RESPONDING. IS DR. OM VACATION? |
| 3060 | Me | TEXT MSGS HAVE LOW SPACE SO NOT SURE WORKING TODAY |
| 3061 | Me | 5/16/22-(MON)-11:42 AM CVS Pharmacy: Elaine, Your Dr has not responded to approve a refill for ME. **Please call your Dr. for more information.** WILL YOU BE CALLING THE DR? I HAV |
| 3062 | Me | MAMMO TOMORROW? |
| 3063 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I only saw those for eliquis. The whole text does not come through. It just says ME |
| 3064 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I only left a message for the eliquis. I can call again tomorrow and bring the bottle |
| 3065 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes. I have her on for mammogram tomorrow |
| 3066 | Me | OK, B.P. ON BED AT 1:30 PM TOMORROW? |
| 3067 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes. |

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| 3068 | Me | OK, I WILL LEAVE GARAGE OPEN FOR YOU AND WILL HAVE MOM UPSTAIRS TO BE READY FOR YOU |
| 3069 | Me | AFTER WAITING ON PHONE 20 MIN W/ VA. HEART CONTINUOUS VOICEMAIL RECORDING TRYING TO REACH A HUMAN TO CALL IN A REFILL FOR METROPROLOL. SAID IT WAS CAED I |
| 3070 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok. I also left a message this morning too. It usually takes 20-30 mins on hold |
| 3071 | Me | CALLING CVS NOW TO CHECK ON METROPROLOL RX IF THEY RECEIVED IT. |
| 3072 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ask about the eliquis too |
| 3073 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I had been leaving messages about that too |
| 3074 | Me | DON'T NEED ELIQUIS OR FUROSEMIDE. CVS SAYS THEY WILL CALL VA. HEART TO CONFIRM DOSAGE CONFLICTING INSTRUCTIONS. |
| 3075 | Me | I CANCELLED BOTH FOR NOW THEY MAY BE ABLE TO GIVE YOU A 3 DAYS SUPPLY OF METROPROLOL LATER TODAY/TOMORROW |
| 3076 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But you need the prior authorization for the eliquis. Va heart should do them both so it is done |
| 5/18/22 3077 | Me | MOM SAID SHE'S NOT FEELING WELL. SHE IS UPSTAIRS ELEVATING HER FEET. HAD B'FST & PILLS. GOT B.P. STUFF UPSTAIRS TO BE REASMMDY FOR YOU AT 1:30 PM. TEXT ME AND I |
| 3078 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will be there on a few mins |
| 3079 | Me | OK, WE ARE UPSTAIRS. OPENING GARAGE NOW |
| 3080 | Me | LET'S TRY B.P. NEXT TIME WITH MOM SITTING INBTHE COMFY BACKED SOFA CHAIR TO SEE WHAT HER RESTING B.P. IS NEXT WEEK. |
| 3081 | Me | THIS WAS THE BEST I COULD FIND FOR MOM'S B.P.. BUT USED THE ARM CUFF THAT DOESN'T WORK ANYMORE WITH AN ERROR MSG THAT I HAVE NO IDEA WHERE THE INSTRUCTION |
| 3082 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We have been stuck almost dead stop traffic for 20 mins on 66. accident with all sorts of ambulances and police and fire trucks passing us. I called the imaging center. They know we will |
| 3083 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Your mom is taking it well |
| 3084 | Me | OK, HOPE IT GOES WELL WHEN YOU DO TRY TO DOVTHE MAMMO. IS SHE TALKATIVE ABOUT ALL OF THE COMMOTION HAPPENING AROUND YOU? |
| 3085 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | A little bit. |
| 3086 | Me | ASK HER ABOUT WORKING FOR THE CIA AND GOING TO GERMANY AND SWITZERLAND TO SEE IF SHE REMEMBERS ANYTHING. |
| 3087 | Me | ABLE TO MAKE IT THERE FOR MAMMO? LET'S HOPE THEY WILL STILL ALLOW THE APPT EVEN THOUGH LATE. |
| 3088 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Did she have breast cancer |
| 3089 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | They are trying to decide if they can work her in since we got here an hour late |

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| 3090 | Me | NO, BUT I DID AND HER SISTER DID |
| 3091 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok that is what I thought |
| 3092 | Me | SHE HASN'T HAD A MAMMO FOR AT LEAST THINK5-6 YEARS. SINCE SHE REFUSED IT 3-4 YRS AGO WHEN I TRIED. GOOD LUCK! |
| 3093 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We have to reschedule |
| 3094 | Me | YEP, I FIGURED. ARE YOU GOING TO CVS? SHOULD I CALL THEM TO SEE IF METOPROLOL IS AVAILABLE FOR PICKUP? I FORGOT TO GIVE YOU THE BOTTLE. |
| 3095 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Can you call them to see if it is ready? They won't give me anything if there was a discrepancy with the prescription |
| 3096 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are in the bathroom now |
| 3097 | Me | I AM ON THE PHONE NOW WITH CVS. THEY TRIED EARLIER, BUT COULDN'T REACH THEM. THEY ARE CALLING AGAIN NOW WHILE I AM ON WITH CVS.. |
| 3098 | Me | VA. HEART CLOSES AT 4 PM, SO WE WILL KNOW SOON IF THEY ARE REACHABLE TODAY. |
| 3099 | Me | CALL YOU SEE IF YOU CAN COMBINE MAMMO WITH DEXATRAN TEST FOR OSTEOPOROSIS SAME DAY WOULD BE GOOD. |
| 3100 | Me | I WOULD SAY OSTEO TEST SHOULD BE 1ST BECAUSE SHE WILL PROBABLY SHUT DOWN SAYING SHE DOESN'T WANT TO DO ANYTHING AFTER THE PAINFUL MAMMO. |
| 3101 | Me | CVS GOT THROUGH TO VA HEART. GOOD NEWS! THEY ARE TALKING NOW. |
| 3102 | Me | VA. HEART IS SENDING APPROVAL NOW TO CVS. |
| 3103 | Me | HOPING IT WILL GET SENT RIGHT AWAY. HE IS CHEKING. NOTHING YET. |
| 3104 | Me | I SPOKE WITH HAZAM, SAYS HE WILL CALL ME WHEN RX IS RECEIVED. |
| 3105 | Me | JUST HEARD FROM HAZAM AT CVS. 4:20 PM WILL BE READY. ASK FOR HAZAM. |
| 3106 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We will back on 5 mins. I am going to drop her back first |
| 3107 | Me | WHY? |
| 3108 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are just in just about to turn in the neighborhood |
| 3109 | Me | THOUGHT YOU WERE GOING TO HELP ME WITH HER SITTING SHOWER WASH. |
| 3110 | Me | ARE YOU GOING TO CVS AFTER SHOWER? |
| 3111 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes I would rather her home and settled before going to the pharmacy |
| 3112 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | In case there is a wait. Scripts are never ready on time |

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| 3113 | Me | OK |
| 3114 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are back |
| 3115 | Me | SHOULD SHE EAT DINNER WHILE YOU GO TO CVS? THEN SHOWER AFTERWARDS? |
| 3116 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | No let's do it now |
| 3117 | Me | 4:31 PM CVS Pharmacy: Elaine, Your Rx ME is available for pickup at 4709-A LEE HIGHWAY, ARLINGTON. Questions? 703-522-0011. Reply 'HELP' for help |
| 3118 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I'm back |
| 3119 | Me | P.T.-JACK-3:30 PM-BACKYARD DECK |
| 3120 | Me | FOR THE DEXASCAN SHE DOESN'T NEED TO SWALLOW ANYTHING? DOES SHE? |
| 3121 | Me | 5/27/22-DEXASCAN APPT-VA. HEART |
| 3122 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | No nothing |
| 3123 | Me | OK, THAT'S GOOD, BECAUSE SHE WILL REFUSE. |
| 3124 | Me | WHAT TIME FOR 5/27/22-(FRI) DEXASCAN APT? |
| 3125 | Me | WHAT DAYS/TIMES FOR MAMMO & DEXASCAN APPT TIMES? EACH DAY PRIOR TO LEAVING FOR APPT PLEASE DO RELAXED SOFA SITTING B.P. CHECKS |
| 3126 | Me | NOT SURE WHAT HAPPENED TO MOM'S BLUE MASK AFTER WE TOOK IT OFF FOR HER SHOWER. SO CAN YOU PLEASE BRING ANOTHER NEW ONE FOR MOM TOMORROW AFTERNOON |
| 3127 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Dexascan is Tuesday 5/31 at 245 MAMMO is Wednesday 6/1 at 1245 I will bring a mask today |
| 3128 | Me | 5/31/22-(TUE) ?1:45-2 PM-B.P. RELAXED ON SOFA 2:45 PM-DEXASCAN APPT-VA. HEART -?HAIR APPT |
| 3129 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Hair this friday 1230 |
| 3130 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We can try the bp relaxes today provided I get there early. I am coming from another appt and time might be right. If not, we can do Friday |
| 3131 | Me | 5/27/22-(FRI)-?NOON PICKUP B.P. 12:30 PM-HAIR APPT ===== 5/31/22-(TUE)-? PM PICKUP ?1:45-2 PM-B.P. RELAXED ON SOFA 2:45 PM-DEXASCAN APPT-VA. HEART ===== 6/1/22-(WED |
| 3132 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Be there in a few mins |
| 3133 | Me | OK, BUT MOM IS EATING LUNCH NOW |
| 3134 | Me | SOMETIME FRIDAY, PLEASE SNAP PIC OF THE BACKYARD LEANING TREE-ITS BRANCHES NEED TO BE PROFESSIONALLY TREE TRIM CHOPPED OFF ON THE BACKYARD DECK AND MA |
| 3135 | Me | BEST IF THE AID COMES ON A NON-RAINY DAY TO START GAINING MOM'S TRUST BY HELPING SWEEP THE DECK. THEN BATH AFTERWARDS. NEEDS TO BUILD UP TRUST BEFORE BAT |

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| 3136 | Me | SHE LOVES ALL VARIETIES AND ALL COLORS OF FLOWERS!!! |
| 3137 | Me | IT COULD BE MORE, THIS IS JUST AN ESTIMATE BASED ON MY MEASUREMENTS BEING TOLD THEM OVER THE PHONE. |
| 3138 | Me | GOING TO HAVE THEM START IN BASEMENT KITCHENETTE AND LAUNDRY ROOM IN BASEMENT. THEN WILL DO ALL OF THE UPSTAIRS BATHROOMS. WILL SAVE THE FRONT HALLWA |
| 3139 | Me | WOULD YOU BE ABLE TO GO SHOPPING FOR CLOTHES FOR MOM AFTER HER DEXASCAN APPT? OR RESCHEDULE HAIR APPT TO 5/31/22? |
| 3140 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | The hair lady does not work on Tuesday. So I can't do it that day |
| 3141 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But I could take her shopping for clothes on the 31st? |
| 3142 | Me | OK, HOW EARLY CAN YOU ARRIVE 5/31? NOON-5 PM IS A TIMEFRAME ARRIVAL. SHOULD I ASK IF THEY CAN DO AN EARLIER TIMEFRAME ON 5/31? |
| 3143 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I need to leave your house by 5 on Monday though, so I can take her for clothes before the appt |
| 3144 | Me | MOM CAN BE KEPT AWAY FROM THEM FOR UPSTAIRS FBATHROOMS. AND IN BASEMENT, TOO, THEY CAN ENTER THROUGH BASEMENT AREA. |
| 3145 | Me | CAN YOU BE HERE AT 1 PM 5/31-TUE? |
| 3146 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can make 1pm work |
| 3147 | Me | 5/31/22-(TUE)-8 AM-1 PM SCHEDULED STANLEY STEEMER EARLIER SO GOOD TO GO. |
| 3148 | Me | THANKS, SO GLAD THEY COULD MAKE IT EARLIER. |
| 3149 | Me | 5/31-TUE, NOT MONDAY |
| 3150 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes Monday is a holiday |
| 3151 | Me | 1 WEEK FROM TODAY |
| 3152 | Me | PERFECT! |
| 3153 | Me | CAN I FORWARD YOU THE PERFECT-FIT ESTIMATE SO YOU CAN PRINTOUT TO BRING WITH YOU? IT IS HARD LOOKING AT A TINY SCREEN TO REVIEW EVERYTHING. |
| 3154 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes |
| 3155 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | How are you going to pay for Stanley steamer ? |
| 3156 | Me | YOU WILL NEED TO PAY VISA. |
| 3157 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I don't have access to a visa not authorized to pay for anything that is not for healthcare. You need to call Cary about it |
| 3158 | Me | SHE NEEDS TO INCREASE THE MONTHLY VISA BY \$2,500 FOR THIS MONTH. |

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| 3159 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | You need to talk to her directly. You have her phone number and email, yes? |
| 3160 | Me | MOM'S HOME IS FALLING APART, BOTH INSIDE AND OUTSIDE NEEDING UPTEEN MULTIPLE THINGS DONE. THE CONSERVATOR NEEDS TO GET HER ACT TOGETHER. I WILL BEGIN TAKI |
| 3161 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | They want to do a home inspection with you |
| 3162 | Me | ABSOLUTELY NOT. GET THESE THINGS DONE THAT ARE URGENT LIKE SOD AND FLOWERS AND WINDOW SHADES TO KEEP THE HOUSE COOLER AND REPLAVE THE GENERATOR. OUTS |
| 3163 | Me | 5/27/22-(FRI)- ?NOON PICKUP-THUNDRTSTORM! ?12:30 PM-HAIR APPT |
| 3164 | Me | PLEASE RESCHEDULE HAIR APPT. THUNDERSTLRMS TOMORROW. |
| 3165 | Me | PLEASE CONFIRM YOU HAVE CANCELLED MOM'S HAIR APPT. FOR TODAY FORECASTING SEVERE DANGEROUS THUNDERSTORMS/ TORNADO WATCH THIS MORNING/AFTERNOON I D |
| 3166 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes I canceled it |
| 3167 | Me | OK, LIKELY TO LOSE POWER TODAY. NO GENERATOR POWER STILL!!! |
| 3168 | Me | GEESH! |
| 3169 | Me | ALARMS ARE GOING CRAZY OVER HERE NOW! |
| 3170 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Are we doing regular pick up today 2pm? |
| 3171 | Me | NOON IS BETTER. STANLEY STEEMER IS HERE NOW. GOING TO DO LOWER PORTION BASEMENT THEN UPSTAIRS WITH FRONT ENTRY AND KITCHEN LAST |
| 3172 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Oh ok. I'm not going to be able to pay them |
| 3173 | Me | HAIR APPT TODAY? |
| 3174 | Me | NOON PICKUP TO ALLOW THEM TO WORL W/O MOM INTERFERENCE |
| 3175 | Me | PLEASE MAKE A 12:30 PM APPT FOR TODAY FOR MOM'S SHAMPOO & DEEP CONDITION & BLOW DRY PRIOR TO DEXASCAN |
| 3176 | Me | THE MCLEAN HAIR CUTRERY IS FINE. WOULD BE GOOD TO DO TODAY, INSTEAD OF CLOTGES SHOPPING. |
| 3177 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I had planned on clothes today and hair tumors |
| 3178 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Tomorrow |
| 3179 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But I had 1pm on my calendar |
| 3180 | Me | LIKELY MOST OF THE HOUSE WILL BE DONE BY NOON. LAST WILL BE THE FRONT ENTRY WITY HOSES OUT THE FRONT DOOR. |
| 3181 | Me | YOU HAD SAID NOON. |

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| 3182 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I said 1pm |
| 3183 | Me | WELL 1 PM THEY MAY BE DONE. WE'LL SEE. WILL LET YOU KNOW. PLEASE BRING MOM'S LABS & PERFECT-FIT ESTIMATE, TOO, TODAY OR TOMORROW. |
| 3184 | Me | THEY ALREADY STARTED. DIFFICULT TO COORDINATE BECAUSE THEY NEED THEIR HOSES TO CONNECT TO OUR OUTSIDE HOSE SPIGOTS. |
| 3185 | Me | YOU MAY NEED TO PICKUP MOM FROM THE BACKYARD DECK, DUE TO KITCHEN FLOOR NOT BEING FINISHED. |
| 3186 | Me | WILLET YOU KNOW. AND 2 PM MIGHT BE BETTER OK, FOR PICKUP, SINCE MOM IS GETTING HAIR DONE TODAY |
| 3187 | Me | ISN'T GETTING HAIR DONE UNTIL TOMORROW |
| 3188 | Me | MOM IS ACCEPTING ALL OF THE COMMOTION SO FAR. THEY ARE MOVING UPSTAIRS NOW TO DO ALL OF THE UPSTAIRS 3RD FLOOR BATHROOMS NOW. |
| 3189 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Do you want me get her some new clothes? I can order Alfred Dunner pants online. I can take her to get tops or I can pick some out? |
| 3190 | Me | DON'T NEED ANY PANTS. HAS 4 GREY & 4 TAN. SHE WON'T WEAR ANY OF THE BLACK, NAVY BLUE OR WHITE SLACKS. JUST NEED LIGHT-COLORED AND THIN LONG-SLEEVES TURTLE |
| 3191 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | What size? Medium? Or large |
| 3192 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can also take half of the pants this weeks and half next week to get them hemmed. I mean the pants she already has |
| 3193 | Me | LIKELY LARGE. WILL GIVE YOU THE PINK TURTLENECK TODAY FOR AA EXAMPLE. BUT SHE WILL LIKELY NEED TO TRY ON THE NEW TURTLENECKS TO BE SURE THEY FIT. DON'T THINK |
| 3194 | Me | NO NEED TO HEM ANY OF THE PANTS. SHE JUST EASILY ROLLS THEM UP. THEY DON'T INTERFERE WITH HER WALKING AT ALL. |
| 3195 | Me | FLOORS ARE LOOKING BEAUTIFUL! HOPE THE KITCHEN WILL ALSO. |
| 3196 | Me | MOM WILL BE SO HAPPY! |
| 3197 | Me | 2 OF EACH LIGHT COLOR TURTLENECK THAT SHE LIKES. SHE CAN TRY ON THE LARGE OR EXTRA LARGE. SIZES THEN SHE CAN PICKOUT ALL OF THE COLORS SHE LIKES. GET 2 OF EA |
| 3198 | Me | PLEASE GET AT LEAST 7 NEW TURTLENECKS MIX OF COLORS. |
| 3199 | Me | 1 PM OR SOONER WOULD BE GOOD FOR MOM PICKUP |
| 3200 | Me | 1 PM PICKUO PLEASE. BECAUSE IT WILL BE REALLY HARD TO CONTAIN HER AWAY FROM THE GUYS WHEN THEY START ON THE MAIN FLOOR. |
| 3201 | Me | WILL NEED THE 1 PM PICKUP TO BE THROUGH THE BACKYARD DECK DOORS |
| 3202 | Me | SHE'S GOING TO BE REALLY HUNGRY SO MIGHT BE BEST TO WAIT TO GO CLOTHES SHOPPING UNTIL ANOTHER DAY, MAYBE. JUST COME HOME AFTER THE DEXASCAN. |
| 3203 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I was going to do the shopping first |
| 3204 | Me | YOU LIKELY WON'T HAVE ENOUGH TIME. MOM MOVES REALLY SLOW. |
| 3205 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I'm going to push her in the wheelchair |

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| 3206 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I'm on my over now |
| 3207 | Me | THEY ARE ENTIRELY ON THE MAIN FLOOR NOW. WE ARE BOTH IN THE LARGE FAMILY TV ROOM FOR EXITING THROUGH DOUBLE DOORS. MOM LAST PEED AT 12:30 PM. |
| 3208 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Be there ðŸ”œ |
| 3209 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Will come through the back |
| 3210 | Me | JUST FORWARDED THE STANLEY STEEMER BILL. PLEASE ALSO PRINTOUT STANLEY STEEMER RECEIPT, ALONG WITH THE PERFECT-FIT RECEIPT AND ALSO MOM'S LABS TO BRING W |
| 3211 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I have her labs today |
| 3212 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We also got 4 tops today |
| 3213 | Me | TURTLENECKS? |
| 3214 | Me | WOW! SHOCKED YOU HAD ENOUGH TIME TO MAKE IT FOR THE DEXASCAN |
| 3215 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | No, turtle necks are not in season. We were lucky to get what we got. If wants turtle necks we will have to order them online |
| 3216 | Me | OK, DID SHE TRY THEM ON? DOES SHE LIKE THEM? |
| 3217 | Me | I PUT EVERYTHING BACK WHERE IT WAS, SO GARAGE ENTRANCE IS FINE FOR DROPOFF |
| 3218 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok the way back now |
| 3219 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are back |
| 3220 | Me | PLEASE GET 1 LARGE TO SEE IF IT FITS MOM Amazon Hanes Womenâ€™s Perfect-T Long Sleeve T-shirt https://www.amazon.com/dp/B01121GX7W/ref=cm_sw_r_apan_i_NEVYEJHMCY |
| 3221 | Me | NOON PICKUP TOMORROW? |
| 3222 | Me | 5/31/22-(TUE)-1:15-4 PM PICKUP 9 AM-2:15 PM-STANLEY STEEMER MOM BLOUSE SHOPPING 2:45 PM-DEXASCAN APPT-VA. HEART ===== |
| 3223 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Yes noon pick up |
| 3224 | Me | 6/1/22-(WED)-NOON PICKUP 12:45 PM-MAMMO HAIR APPT-SHAMPOO & DEEP CONDITION |
| 3225 | Me | PLEASE CHECK ON THE LITHIUM BATTERIES & NEST PROTECTS AND ALSO THE TOILET PAPER. WHEN DID YOU ORDER EVERYTHING? |
| 3226 | Me | YOU MAY HAVE ALOT OF PROBLEMS GETTING MOM TO COOPERATE TODAY. SHE IS REALLY REALLY TIRED! |
| 3227 | Me | SHE HAD MOST OF HER BREAKFAST AND JUST PEED SO IS READY, BUT IS REALLY DRAGGING. NOT SURE YOU SHOULD PUSH HER TODAY FOR MAMMO. MAYBE JUST DO HAIR. |
| 3228 | Me | I CANNOT SEE MOM WILLINGLY COOPERATING FOR THE MAMMO FROM MY PAST EXLERIENCES WITH MOM YEARS AGO. |

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| 3229 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We will try |
| 3230 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I'm pulling in now |
| 3231 | Me | IF IT DOESN'T ALL WORKOUT, TRY FOR HAIR ON FRIDAY OR NEXT WEEK. ARE THERE ANY JUNE APPTS SCHEDULED FOR MOM SO I CAN UPDATE MOM'S SCHEDULE. |
| 3232 | Me | 6/1/22-(WED)-166/84-B.P. MOM IS EXHAUSTED AND REALLY DRAGGING! CONCERNED ALL OF THIS OUTSIDE ACTIVITY IS REALLY GETTING TO BE TOO MUCH. HOPEFULLY CAN SLOW I |
| 3233 | Me | UH OH! Car Crash Closes Multiple Lanes On I-495 In Fairfax County: Police 21 mins ago |
| 3234 | Me | Crash I-495/Beltway Outer Loop after I-66 (#49), stay alert on right side by the crash. Reported: 06/01/2022 at 11:52am Updated: 06/01/2022 at 12:35pm |
| 3235 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We took back roads. Waze routed us around the accident |
| 3236 | Me | OK, THAT'S GOOD. HAVE NEVER USED WAZE. |
| 3237 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are waiting to be seen. She perked up and doing well. Will assess how she is doing when are done to see about if hair is a good idea or not today |
| 3238 | Me | PLEASE KEEP ME INFORMED IF SHE COOPERATES WITH MAMMO. |
| 3239 | Me | WHEN IS DEXASCAN RESULTS RETURNED? |
| 3240 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | 48 hours |
| 3241 | Me | OK, WILL THEY CALL DR LESSIN TOMORROW? |
| 3242 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | It gets sent directly to him |
| 3243 | Me | ON THE PHONE WITH VA HEART NOW ABOUT ELIQUIS |
| 3244 | Me | 5/26/22: 2:01 PM: CVS Pharmacy: Elaine, Insurance approval for your Rx ELI has not been received. Please call your Dr. for more information. Reply HELP for help ===== 2:06 PM: Your Rx |
| 3245 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We got a limited MAMMO done |
| 3246 | Me | WHAT DOES THAT MEAN? LIMITED? |
| 3247 | Me | SHE DIDN'T COOPERATE? |
| 3248 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | They could not get all of the images, but they got enough for an exam |
| 3249 | Me | 3D MAMMO? |
| 3250 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Where was the last one done so they can compare |
| 3251 | BHIFFLET T ELIZA- (MOM'S N. | Tyson's location of what? |

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| | N. C. -N. T. B. T.) | |
| 3252 | Me | OK, NO IDEA, BECAUSE IT NEVER HAPPENED YEARS AGO. |
| 3253 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Oh they did not get any images ? |
| 3254 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | And she never had one before anywhere? |
| 3255 | Me | IF WAS DONE PRIOR TO 2018, I AM NOT AWARE. DR.LESSIN MAY KNOW. |
| 3256 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Oh ok thanks |
| 3257 | Me | LEESBURG PIKE WAS IN 2018/ 2019, I THINK.BDR. LESSIN ORDERED IT OR HER GYNO. |
| 3258 | Me | I WILL SEARCH TO TRY TO FIND MORE INFO ON MY PHONE |
| 3259 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But no images were taken, right? |
| 3260 | Me | MOM REFUSED THE MAMMO WITH ME. NOT SURE WHEN ANYMORE |
| 3261 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok |
| 3262 | Me | CALLING DR. LESSIN TO SEE IF THEY HAVE ANY MAMMO. I ASSUME IT WAS LESSIN WHO GAVE ME THE MAMMO ORDER FOR MOM YEARS AGO. |
| 3263 | Me | RESCHEDULE: 1/8/19-(TUE)-2:15 PM-MOM'S MAMMOGRAM-(IMPLANTS) LAST MAMMOGRAM 1/7/15 |
| 3264 | Me | STILL ON HOLD FOR LESSIN. WILL CONFIRM IF LAST WAS IN 2015 |
| 3265 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | If is ok. This mammogram was ok from why they saw |
| 3266 | Me | DR. LESSIN FILE SAYS THEY DON'T SHOW WHEN HER LAST MAMMO WAS. DON'T KNOW HOW I HAVE AN EXACT DATE LISTED AS 1/7/15 IF IT WAS NOT TOLD TO ME BY DR.LESSIN. TH |
| 3267 | Me | FAIRFAX RADIOLOGY 1/7/15 CHECK IF WAS DONE |
| 3268 | Me | ARE YU GOING FOR HAIR APPT NOW? |
| 3269 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | She is getting her hair washed now. Doing great |
| 3270 | Me | OK, HOPEFULLY MAMMO IS GOOD. |
| 3271 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | It was. All the images they got we ok |
| 3272 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | The radiologist looked at them before we left |
| 3273 | BHIFFLET T ELIZA- (MOM'S N. | The radiologist looked at them before we left |

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| | N. C. -N. T. B. T.) | |
| 3274 | Me | OK, WHY WERE ONLY LIMITED DONE? DID SHE NOT COOETATE FOR THE FULL MAMMO IMAGES? |
| 3275 | Me | COOPERATE |
| 3276 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | No. It was too hard to position her in the chair |
| 3277 | Me | PLEASE HAVE MOM GO TO THE BATHROOM AFTER HAIR APPT |
| 3278 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are back |
| 3279 | Me | DID YOU HAVE A CHANCE TO CHECK MOM'S ANKLES TODAY? |
| 3280 | Me | NEVER HEARD ANYTHING BACK FROM VA. HEART. WILL TRY AGAIM TOMORROW. GOING TO NEED ELIQUIS VERY SOON NEXT WEEK. |
| 3281 | Me | PLEASE BUY 4-(18-PACK) Charmin Ultra-Strong Toilet Paper (18-Mega Plus Rolls) https://www.homedepot.com/p/Charmin-Ultra-Strong-Toilet-Paper-18-Mega-Plus-Rolls-003700060858/3 |
| 3282 | Me | AMAZON Energizer Ultimate Lithium AA 12 Battery Super Pack. https://www.amazon.com/dp/B0044P3J2I/ref=cm_sw_r_apan_i_FQ6PE4XHQJWA63AJ185B?_encoding=UTF8&pvc=1**P |
| 3283 | Me | VA. HEART GOT INSURANCE APPROVAL AND CALLED CVS. WILL TEXT YOU WHEN IT IS READY. DONT NEED UNTIL NEXT WEEK. |
| 3284 | Me | WHEN IS NEXT VA. HEART APPT? I THINK MOM MAY NEED A HEAET CHECKUP. SHE IS REALLY SLOWED DOWN AND COMPLAINING OF EXHAUSTION. |
| 3285 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Cardinal is 7/11 at 1130 Dentist 7/13 at 230 I will have to check about VA heart |
| 3286 | Me | OK, I FEEL IT WOULD BE GOOD TO DO NEXT WEEK FOR VA. HEART |
| 3287 | Me | EKG AND ANY FURTHER HEART STUDIES? |
| 3288 | Me | IS THERE A MORE IN-DEPTH HEART STUDY? |
| 3289 | Me | GOING TO HAVE HER TAKE A NAP TO SEE IF IT HELPS. |
| 3290 | Me | ANKLES LOOK GOOD TODAY. DID YOU CHECK THEM OUT YESTERDAY? |
| 3291 | Me | Angiogram: Uses, procedure, cost, side effects, and safety https://www.medicalnewstoday.com/articles/326825 |
| 3292 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I figured out the issue with the Home Depot stuff. It was flagged due to high cost. I am not allowed to order that high cost without approval. I checked with Cary and she said you have to o |
| 3293 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Va heart not do any angiogram without symptoms like chest pain etc. Her last ekg was normal |
| 3294 | Me | CONSERVATOR NEEDS TO ORDER THEN BECAUSE THE \$1000 BARELY COVERS FOOD AND I ALSO NEED TO BUY LAUNDRY DETERGENT AND LIQUID SOAP. |
| 3295 | Me | MOM IS NOT NORMAL NOW. NEEDS EKG RETEST. COMPLAINING OF PAIN IN HER RIGHT SHOULDER. AND HER LEGS ARE FEELING VERY PAINFUL. ASSUMED SHE SLEPT WRONG, BUT 1 |
| 3296 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will call va heart to set up an appt |

6/2/22

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| 3297 | BHIFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But she is just probably tired from being out 2x this week and pain from the mammogram |
| 3298 | BHIFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | There is an aide who can come from 6-8pm. Will that work? I don't have the day of the week yet |
| 3299 | Me | WAY TOO LATE. OPTIMUM IS EITHER P.T. 1ST ON THE SAME DAY OR AIDE 1ST ON THE SAME DAY. LATEST WOULD BE 2-4 FOR THE AIDE OR P.T. SAME DAY FOR BOTH |
| 3300 | Me | JUST EMAILED YOU 40 YEAR INFLATION & MOM EATS ON AVERAGE. IT IS SO ABSURD THAT I HAVE TO BEG TO GET A SUPPLY OF TOILET PAPER. JUST ONE MORE MARK TO BE HELD A |
| 3301 | Me | WEDNESDAY OR FRIDAY IS GOOD FOR BOTH P.T. & AIDE ON THE SAME DAY SO IT DOESN'T TAKE A TOLL ON MOM. I THINK BEST WOULD BE TO HAVE THE P.T. FIRST-(NOONISH-1 PM) A |
| 3302 | Me | CVS Pharmacy: Elaine, Your Rx ELI is available for pickup at 4709-A LEE HIGHWAY, ARLINGTON. Questions? 703-522-0011. Reply 'HELP' for help |
| 3303 | Me | NO RUSH ON ELIQUIS PICKUP. CAN BE LATER NEXT WEEK. AS THERE IS ENOUGH FOR MORE THAN A WEEK STILL. |
| 3304 | Me | GOING TO TRY A SHOWER/BATH FOR MOM TOMORROW. GOING TO DO LOWER LEAVING UPPER FOR A WASH CLOTH SPONGE BATH ON SATURDAY. MAYBE IF I DO 1/2 AND 1/2 SHE W |
| 3305 | Me | BY THEVWAY, SHE LIKES HER HAIR. |
| 3306 | Me | ANY DEXASCAN RESULTS YET? |
| 3307 | Me | ANY DEXASCAN RESULTS YET? |
| 3308 | Me | I HEARD FROM JACK-(P.T.). DIDN'T KNOW HE SCHEDULED TODAY TO START. I RESCHEDULED TO: MONDAY |
| 3309 | Me | 6/6/22-(MON)-2:30 PM JACK MOM'S P.T.-(OUT ON BACKYARD DECK) |
| 3310 | BHIFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | He told you he was coming today when he left on Monday |
| 3311 | Me | NO, NOTHING WAS SCHEDULED THAT I CAN REMEMBER. |
| 3312 | Me | ANY DEXASCAN RESULTS? AND DID YOU ORDER THIS? I COULD SLIP IT ON HER EVERY MORNING WHILE SHE IS ON THE TOILET TO SEE IF IT HELPS, TOO. https://knee.getcompressa.cc |
| 3313 | Me | NEST PROTECTS AND LITHIUM BATTERIES? |
| 3314 | Me | MOM WAS UP EVERY HOUR LAST NIGHT. CAN YOU PLEASE ASK IF MELATONIN WOULD BE OK TO GIVE MOM AT NIGHT WITH HER ELIQUIS AND METOPRLLLOL? IF SHE COULD ONLY G |
| 3315 | Me | Elaine, Rx EL is ready @ CVS Pharmacy 4709-A LEE HIGHWAY for 12 more days. NOTE We're closed for lunch from 1:30-2PM WON'T NEED IT UNTIL FRIDAY |
| 3316 | Me | I AM STARTING MOM WITH TAKING AN HOUR NAP AFTER LATE LUNCH AND BEING BEFORE DINNER AS SHE IS JUST SO NOTICEABLY TIRED. IN THE FUTURE, THINK WOULD BE BETTEI |
| 3317 | BHIFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | The appt is this wednesday at 2:10 with VA heart |
| 3318 | Me | OK, *People over age 50 should be checked for B9 and B12 deficiencies.** â€¢ People taking certain drugs, such as blood thinners, heart medications, steroids or immune suppressants, * |
| 3319 | BHIFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | She has b12 checked. I have never heard of b9 specifically being checked INCOMPETENT AND UNQUALIFIED TO CARE FOR THE ELDERLY |
| 3320 | Me | VITAMIN K? |
| 3321 | Me | ANY DEXASCAN RESULTS YET? |

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| 3322 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Clotting factors are not usually checked unless one is on a blood thinner. I can ask at the appt |
| 3323 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will call Dr. Lessin about the dexascan. |
| 3324 | Me | ISN'T ELIQUIS A BLOOD THINNER LIKE WARFARIN? |
| 3325 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Eliquis does not need to be checked because of the way the does it calculated. Only Coumadin needs to be checked that way |
| 3326 | Me | IS THE INR A VITAMIN K CHECK? |
| 3327 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | No |
| 3328 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Vitamin k is what impacts the clotting factors |
| 3329 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | It reverses the way coumadin works |
| 3330 | Me | OK, SO, IS THERE A BLOOD TEST FOR CHECKING VITAMIN K? |
| 3331 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | K1 |
| 3332 | Me | EGGS-VITAMIN K |
| 3333 | Me | 6/8/22-(WED)-2:10 PM Virginia Heart: You have an appt on 06/08/2022 @ 02:10 PM at our Arlington Office. Pls arrive 15mins early. Call 703-621-4501 w/questions ?PICKUP ?1:30 PM |
| 3334 | Me | LET'S PLEASE HAVE MOM GET THE SHINGLES VACCINE |
| 3335 | Me | 6/8/22-WEDNESDAY, CAN YOU PLEASE PICKUP MOM AT 1:15 PM? MAYBE YOU COULD GO TO LEE HIGHWAY CVS FOR A SHINGLES VACCINE AND PICKUP THE ELIQUIS ON THE WAY TC |
| 3336 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Dexascan shows osteopenia. He wants her to have a 1200mg of calcium/milk per day Take the vitamin d3 every day and walk 30 mins 3x a week |
| 3337 | Me | WHAT IS OSTEOPENIA? |
| 3338 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Also thinks a drug called mybetriq may help with the going to the bathroom a lot |
| 3339 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | He said that might be better than taking melatonin |
| 3340 | Me | MELATONIN IS TO HELP MOM SLEEP |
| 3341 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | If she is it peeing as much she might sleep better |
| 3342 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Osteopenia is bone loss |

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| 3343 | Me | I DON'T WANT TO HAVE MOM TAKING ANOTHER DRUG. IS MELATONIN OK WITH METROPROLOL AND ELIQUIS AND FUROSEMIDE? |
| 3344 | Me | PLEASE PICKUP MOM AT 1:15 PM TOMORROW. I WILL HAVE HER READY AT 1 PM. |
| 3345 | Me | 1 milligram (mg) is equal to 1000 micrograms (1/1000g). |
| 3346 | Me | 1200 MILIIGRAMS IS 1.2 MICROGRAMS??? I AM CONFUAED. |
| 3347 | Me | 1 CUP MILK=2.5 MCG 2 CUPS=5 MCG |
| 3348 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will be coming from another doctor appt and will to the house as soon as I can |
| 3349 | Me | MAYBE MOM SHOULD TAKE CALCIUM VITAMIN. |
| 3350 | Me | PLEASE TODAY ASK VA. HEART REGARDING MELATONIN TO GIVE TO MOM AT NIGHT WITH ELIQUIS & METROPROLOL. ALONG WITH NOTICEABLE TIREDNESS, MOM'S RIGHT SHOULDE |
| 3351 | Me | PLEASE TEXT ME WHEN YOU ARE ON THE WAY. I WILL HAVE MOM ALL READY OUT ON THE KITCHEN AREA BACKYARD DECK AT 1:25 PM FOR YOUR PICKUP. |
| 3352 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Kayloe said there was no point in doing the mri since it would not change the treatment. And she would have to lie still flat in her back. |
| 3353 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I don't know what Va heart will do today. It is based on symptoms when she comes in. Likely an ekg. I will ask about the melatonin. Lessin said it was ok |
| 3354 | Me | PLEASE ASK ABOUT ECG-(ECHOCARDIAGRAM) & THE CARDIAC ANGIOGRAM TO BE ABLE TO SEE IF MOM'S BLOOD VESSELS ARE NARROWED BLOCKEDVARTERIES POSSIBLY CAUSING |
| 3355 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I don't think they will do that. It is an invasive test that is usually only done with symptoms like chest pain, shortness of breath, and that you would treat with surgery |
| 3356 | Me | PLEASE ASK IF THERE ARE ANY BLOOD TESTS FOR CARDIAC MONITORING FOR POSSIBLE BLOCKED ARTERIES? |
| 3357 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will, but I do not believe there are any |
| 3358 | Me | SHINGLES VACCINE FOR MOM & ELIQUIS PICKUP AT CVS TODAY? |
| 3359 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I have to schedule the shingles vaccine. I can't do it as a walk in |
| 3360 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Also you might want to think about it. It is a hard vaccine on the body. It can cause fatigue and discomfort for days. At her age, I am not sure it is worth it |
| 3361 | Me | OK, DIDN'T KNOW THAT. PLEASE DO SCHEDULE IT. JACK SAID HE GOT SHINGLES REALLY BAD AS A REDULT OF HAVING COVID IN HIS SYSTEM AND IT LOOKED REALLY BAD! |
| 3362 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I literally got took an 89 year man to a doctor today, and his doctor said it indicated by age, but very hard on the body. He said the Covid and pneumonia vaccine are much more important |
| 3363 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | But Jack is younger and can handle the side effects of the vaccine better |
| 3364 | Me | MOM MAY HAVE ALREADY HAD THE PNEUMONIA VACCINE YEARS AGO AS I REMEMBER TAKING HER TO A SAFEWAY SIT-IN PHARMACY FOR A VACCINE FOR MOM THAT WASN'T A FL |
| 3365 | Me | What blood tests show plaque in arteries? Coronary Calcium Score is a non-invasive test that uses a low radiation CT (computed tomography) scan without any injected dye (contrast mat |

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| 3366 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Be there in 5 mins |
| 3367 | Me | DON'T FORGET TO SNAP A PIC OF OUR FRONTYARD AND BACKYARD FORRETS GROWING. |
| 3368 | Me | ARE THEY DOING AN EKG OR ANYTHING FOR MOM TODAY? |
| 3369 | Me | ASK ABOUT MELATONIN W/ MOM'S MEDICATIONS |
| 3370 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Cary said they called the landscaper last week to restart the mowing |
| 3371 | Me | BACKYARD NEEDS WEEDING BIG TIME. NOT JUST MOWING FRONTYARD |
| 3372 | Me | GOING TO END UP WITH SNAKES AND RATS! |
| 3373 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | They did an ekg which was normal Afib. We are the lab downstairs to check routine labs |
| 3374 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | He said no other tests were indicated |
| 3375 | Me | SED RATE LAB WOULD BE GOOD! INCOMPETENCE TO NOT DO SED RATE AND URINE CULTURE-DIAGNOSTIC LABS FAILED TO BE ORDERED INCLUDING A CMP |
| 3376 | Me | DID YOU ASK ABOUT MELATONIN W/ MOM'S MEDICATIONS? |
| 3377 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We are back |
| 3378 | Me | ERICA, (CARE WITH LOVE) WOULD YOU POSSIBLY BE AVAILABLE TO HELP ME WITH MOM-(ELAINE KAPUSTA)? NEED A HELPER FOR 1 HOUR A WEEK TO HELP ME GET MOM SHOWERE ALSO LIKED YOU. ARE YOU AVAOLABLE TO HELP ONCE WK FOR 1 HR/WK? FROM A TIMEFRAME OF SOMETIME BETWEEN 11 AM-4 PM? |
| 3379 | Me | GREENHILL SAYS THEY WON'T DO ANYTHING IN THE BACKYARD FOR MOWING OR WEEDING. WHAT THE HELL IS WRONG WITH THIS PERSON. **THEY ARE ONLY DOING THE FRONTY! |
| 3380 | Me | THIS IS SO ABSOLUTELY RIDICULOUS THAT OUR BACKYARD IS BEING ENTIRELY IGNORED. |
| 3381 | Me | HAVE NOT HEARD ANUTHING FROM ERICA. NOT SURE WHY. |
| 3382 | Me | THE FRONTYARD NEEDS GRASS PLACED DOWN. ARE THEY JUST GOING TO NEVER GIVE MOM ANY LAWN OR FLOWERS FOR HER HOME OF 44 YEARS? |
| 3383 | Me | THE CONSERVATOR HAS A SCREW LOOSE AND IS ABUSIVE AND NEGLIGENT IN HER CARE OF MOM'S HOME |
| 3384 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I have the knee sleeve. I was going to drop it by today along with a things for your mom and Jack to plant |
| 3385 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | About 230 or so |
| 3386 | Me | PLEASE SNAP PICS OF OUR FRONTYARD OF DIRT AND OUR BACKYARD OF WEEDS. WONDER IF YOU OR THE BACKYARD WEEDS ARE THE TALLEST!? |
| 3387 | Me | THE STUPIDITY OF THIS CONSERVATORSHIP IS "OFF THE CHARTS"!!! |
| 3388 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can't tell from this pic. The cord end is supposed to be closer to the elbow |

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| 3389 | Me | PLEASE KINDLY TEXT ME THE B.P. PIC YOU SNAPPED SOVI CAN BE SURE I DO IT CORRECTLY FOR MOM |
| 3390 | Me | I JUST CALLED MERRIFIELD GARDENS TO GIVE LEFT SIDEYARD AND BACKUP YARD WEEDING CLEANUP ESTIMATE FOR FRONTYARD AND BACKYARD PRUNING TREES. SOD PLACEMEI |
| 3391 | Me | WHEN MERRIFIELD GARDENS IS HERE FOR WEEDING, I AM GOING TO ALSO ASK FOR HAVING A CONSULTATION FOR ALL OF THE FRONTYARD FLOWER BOXES AND BACKYARD DECK F |
| 3392 | Me | PLEASE KINDLY TEXT ME THE B.P. PIC YOU SNAPPED SO I CAN BE SURE I DO IT CORRECTLY FOR MOM |
| 3393 | Me | THANK YOU |
| 3394 | Me | JACK SAYS THE BACKYARD WEEDS ARE TALLER THAN 6'2" JACK! |
| 3395 | Me | MOM'S WEEKLY SCHEDULE: P.T. & O.T -(PRIVATE PAY) MONDAYS-P T. FRIDAYS-O.T. FOR HELPING MOM SHOWERING WITH ME & PLANTING COLORFUL FLOWERS ON MOM'S BALCONY |
| 3396 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I was going to stop by quickly today about 12 to do blood pressure and feet check and go over some other stuff. I will be in the area |
| 3397 | Me | SHOULD MOM HAVE ANOTHER U/A TO BE SURE AHE IS OK IN EARLY JULY? DOES DRINKING LESS AND LESS DAMAGE HER KIDNEYS WITH HER NOT FLUSHINGABOUT TOXINS? |
| 3398 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can ask. She will be due to seen soon anyway |
| 3399 | Me | OK, AND PLEASE ADD THYROID AND SEDBRATE TO BLOOD TESTS THIS TIME. |
| 3400 | Me | SED RATE & THYROID BLOOD TESTS ALONG WITH THE USUAL BLOOD TESTS |
| 3401 | Me | FORWARDED YOU TODAY'S STANLEY STEEMER STILL NON-PAYMENT RESPONSE |
| 3402 | Me | HAVEN'T HEARD ANYTHING FROM MERRIFIELD GARDENS- (DANNY) YET. WILL CALL AGAIN TOMORROW |
| 3403 | Me | WOULD BE GOOD TO HAVE JACI WORK WITH MOM FOR DOING PLANTING FLOWERS WITH HER LIKE YOU DID FOR BUILDING A RELATIONSHIP OF TRUST WITH MOM LIKE YOU HAVE DI |
| 3404 | Me | NEED YOU TO BUY MORE, BUT DIFFERENT COLORED FLOWERS FOR MONDAY'S JACK P.T. APPT & ALSO FOR JACI. PLEASE DROPOFF BEFORE MONDAY-1 PM. |
| 3405 | Me | WHITE, YELLOW FLOWERS |
| 3406 | Me | WHEN YOU ARE HERE NEXT, PLEASE LEAVE THE WHEELCHAIR FOR THE O.T. PERSON. SHE CAN WHEEL MOM AROUND THE NEIGHBORHOOD FOR 30 MINUTES TO BUILD TRUST WITH I |
| 3407 | Me | NEED YOU TO BUY MORE, BUT DIFFERENT COLORED FLOWERS FOR MONDAY'S JACK P.T. APPT & ALSO FOR JACI. PLEASE DROPOFF BEFORE MONDAY-1 PM. YELLOW & WHITE & LIGHT |
| 3408 | Me | PLEASE ORDER: Relish Track Maze Marble Game Specialist Alzheimer's/Dementia Games & Resources for Improving Skills & Coordination https://a.co/d/h7RpbUo |
| 3409 | Me | PLEASE ORDER: Aitey Wooden Jigsaw Puzzles for Kids Ages 2-5 Toddler Puzzles 9 Pieces Preschool Educational Learning Toys Set Animals Puzzles for 2 3 4 Years Old Boys and Girls (6 |
| 3410 | Me | PLEASE ORDER: RMS Ultra Soft 4-Layer Washable and Reusable Incontinence Bed Pad - Waterproof Bed Pads, 18"X24" (3 Pack) https://a.co/d/gbAR7JU |
| 3411 | Me | PLEASE ORDER: Limited-time deal: Compression Leg Massager, Muscle Fatigue Massager for Leg, Calf Air Massager for Circulation, Foot Massager with Heat, Gifts for Women,Men https://a.co/d/h7RpbUo |
| 3412 | Me | PLEASE ORDER: Nekteck Shiatsu Foot Massager Machine with Soothing Heat, Deep Kneading Therapy, Air Compression, Improve Blood Circulation and Foot Wellness,Relax for Home or C |
| 3413 | Me | PLEASE ORDER: Toddler Puzzles Games Wooden Toys Montessori Shape Sorting Puzzle Sensory Toys Toddlers Activities Preschool Learning Early Educational Birthday Gift Travel Autisti |
| 3414 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will come today between 12 and 1230... coming from another appt in McLean at 11 |

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| 3415 | Me | WHAT FOR? |
| 3416 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | You wanted me to come focus before 1pm with the flowers and the wheelchair |
| 3417 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Come today |
| 3418 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | You sent me a bunch of text on Friday |
| 3419 | Me | JACK DOESN'T THINK THE WHEELCHAIR IS A GOOD IDEA FOR JACI. |
| 3420 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok. Well I have the flowers |
| 3421 | Me | YES, PLEASE DROPOFF FLOWERS ON BACKYARD DECK FOR JACK AND MOM. |
| 3422 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I put the flowers on the back deck. Do you want me to check her ankles and blood pressure before I go? |
| 3423 | Me | JACK CAN DO IT TOMORROW IS FINE |
| 3424 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok |
| 3425 | Me | HAVE YOU SCHEDULED Q HAIR APPT YET FOR MOM? WANT TO RECORD IT ON MY CALENDAR. WOULD BE GOOD TO BE ON SAME DAY SCHEDULED FOR DR. LESSIN VISIT FOR U/A & SE |
| 3426 | Me | 7/1/22-(FRI)-2:30 PM JACI-(O.T) MOM'S SHOWERTIME |
| 3427 | Me | IN FACT SHE HAS FALLWN ASLEEP SITTING IN THE CHAIR W/ CLASSICAL MUSIC PLAYING WHILE I TOOK B.P |
| 3428 | Me | DRINKING LESS AND LESS, BUT STILL EATING AND EXTREMELY TIRED. COULD MOM GET FLUIDS INTRAVENOUS AND B12 SHOT TO SEE IF SHE PERKS UP? OUTPATIENT E.R ? |
| 3429 | Me | IF MOM DOESN'T PERK UP BEFORE FRIDAY, THERE IS A ZERO PERCENT CHANCE OF HER COOPERATING FOR HAVING A BATH IN SHOWER THIS FRIDAY. |
| 3430 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can probably come by tomorrow mid- late morning. |
| 3431 | Me | OK, LIKELY WILL BE UPSTAIRS. YOU CAN WATCH IF I AM DOING HER B.P. CORRECTLY WITH MOM SITTING IN THE SAME CHAIR. SHE IS REALLY TIRED! ATE B'FST & BACK IN BED. IN THI |
| 3432 | Me | MOM HAS PERKED UP. SHE CLEANED HER PLATE EATING LATE LUNCH/DINNER. SHE EVEN HAD "BRAIN POWER" TO DO THE UPSTAIRS PUZZLES BEFORE EATING AND SHE WENT DOW |
| 3433 | Me | MOM IS OUT OF ENERGY AGAIN. SHE DID WELL FOR ONLY 3 HOURS. I HOPE SLEEP WILL BE PRODUCTIVE FOR MOM TONIGHT. SEE YOU TOMORROW. MYVPHONE MEMORY IS ALMOST |
| 3434 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Ok |
| 3435 | Me | I DEFINITELY THINK INTRAVENOUS FLUIDS WOULD BE GOOD FOR MOM TOMORROW OR FRIDAY. I REMEMBER MANY YEARS AGO, I HAD HEAT EXHAUSTION/DEHYDRATION IN CALIFOR |
| 3436 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I will be there 1130 |
| 3437 | BHIFFLET T ELIZA- (MOM'S N. | I have other places I have to be in the afternoon |

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| | N. C. -N. T. B. T.) | |
| 3438 | Me | OK, 11:30 AM IS GOOD. SHE IS SLEEPING STILL. BUT WOULD BE GOOD FOR HER TO USE THE BATHROOM AT 11:15 AM SO SHE CAN BE AWAKE FOR YOUR CHECKUP. I WILL LEAVEE OPI |
| 3439 | Me | MOM DOESN'T WANT TO GET UP SO I AN UPSTAIRS WITH MOM IN BED. SHE IS JUST SO EXHAUSTED & SO AM I. GARAGE IS OPEN NOW PLEASE BE SURE THAT YOU MAKE ARRANGEM |
| 3440 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | We can to when I get there. Closer to 1215 |
| 3441 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I am in a little crisis at my prior stop |
| 3442 | Me | WELL, SHE USED BATHROOM. B.P. IS NOT CORRECT SINCE STRESSED AND NOT RELAXED. CAN YOU PLEASE TAKE HER TO E.R. TODAY TO GET ADMITTED TODAY? |
| 3443 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can't today |
| 3444 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | The cardiologist said her labs are good and to check the TSH and T4-- that might explain being tired |
| 3445 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Lessin said to start the ramipril |
| 3446 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | I can get a mobile lab place come to do the labs |
| 3447 | Me | DAMMIT! THIS IS RIDICULOUS, SHE NEEDS FLUIDS. SHE IS EXHAUSTED & DISORIENTED. SHE NEEDS TO GO TO THE HOSPITAL. SHE IS NOT DOING WELL. GET HER TO E.R. SO SHE CAN |
| 3448 | Me | MOM IS STILL IN THE CHAIR WAITING FOR YOU. |
| 3449 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | On my way |
| 3450 | Me | BLOOD DRAW, ALSO CHECK HER SED RATE, TOO |
| 3451 | Me | MOM IS VERY AGITATED AND WON'T LET THEM DO ANYTHING FOR HER AND KEEPS WANTING TO GET OUT OF BED. WHEN WILL YOU BE GOING TO THE E.R. TODAY? |
| 3452 | Me | THIS IS EXACTLY WHY I WANTED YOU TO TAKE HER FOR YOU TO BE WITH HER. THIS ALL CAUSES HER STRESS. THEY ARE GOING TO HAVE ME TALK WITH HER CALLING ME BACK. |
| 3453 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Lynn I told you I was tied up today. But you were very agitated and I did not feel comfortable leaving her alone |
| 3454 | Me | OMG! STUPIDITY. I TELL YOU THAT SHE NEEDS MEDICAL HELP AND YOU ENTIRELY DISREGARD IT UNBELIEVABLE! |
| 3455 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | Your mom does not do well in the ER and they should be avoided. I wanted to call the doctors and follow their instructions |
| 3456 | BHIFFLET T ELIZA- (MOM'S N. N. C. -N. T. B. T.) | 430/5 is the soonest I get there. But I cannot sit with her all night. We will need to staff an aide |
| 3457 | Me | MOM NEEDS TO BE ADMITTED TO THE HOSPITAL AT LEAST OVERNIGHT, POSSIBLY LONGER SO SHE CAN HAVE INTRAVENOUS FLUIDS AND NUTRIENTS AND FORCED SLEEP THROUG |
| 3458 | Me | I JUST SPOKE WITH DR. CHARLES-(LADY). THEY GAVE MOM MEDICATION TO CALM HER DOWN. GOING TO DO TESTS, LABS & U/A & CALL ME BACK. THEY ARE NOW GIVING MOM FLU |

RAMIPRIL HAS NEVER BEEN GIVEN TO MOM BY ANY DR. EVER BEFORE AND EVER SINCE CANNOT EAT BANANAS WITH RAMIPRIL

INCOMPETENCE BY LIZ SHIFFLETT TO NEVER DOING PROPER DIAGNOSTIC LABS AND U/A FOR TIREDNESS AND PHYSICALLY WORSENING PAINS AND EXHAUSTION